



Healthy Smiles

S M I L E W E A V E R S

Dear patron,

Please accept our very warm greetings from all of us here at Healthy Smiles, dedicated as always in providing the best care to you at all times.

We are turning 7 this month of September. Time flies, especially when we have people like you supporting us in our endeavour, to provide the best in dental care this part of the world. We have gone through quite a ride in these past 7 years and with your kind love, support and encouragement, it has been a good ride.

What's new?

As you know, we are always committed to your well being and to achieve that we are constantly upgrading our equipment and services along with our continual learning process. The learning process that enhances our knowledge and skill for better care of your mouth as per the current scientific basis that is accepted internationally. We have added the following equipment for better diagnosis and treatment:

- Digital X-ray System Gendex (Italy / Germany)
- Xive Dental Implants Friadent (Germany)
- Protaper Rotary Endodontics System (USA)
- Root ZX Apex Location J. Morita (Japan)
- Zoom Light assisted tooth whitening Discus Dental (USA)

Advantages of newly acquired technologies

With the new digital X-ray system, we have been able to reduce the radiation exposure to almost negligible amount to you. 4 X-rays with our system may be less than 1 day of normal background radiation. With this system in place, we are also in a position to send you the valuable X-ray to you instantly via e-mail for your records as well. We do keep a back up of the entire database in one internal and another external hard drive. The new implant system that we have acquired has been from the world's one of the best systems with more than 20 years of research and studies. With this system, we now are able to give you better options for replacement of missing tooth. The new root canal system has been able to achieve better root canals with considerable reduction in discomfort. ZOOM Whitening, the world leader in power bleaching has been acquired to provide you the ease of power bleaching within 2 hours.

Continuing Education

Our care is based on the guidelines set by the World's renowned Gold Standard setting Faculty of General Dental Practice of the Royal College of Surgeons of England. Two of our doctors have already been awarded the Postgraduate Diploma by the faculty after 3 part examination. One of us have further been awarded another Postgraduate Diploma from the Faculty of Dental Surgery from the Royal College last year after examination in London. The other 5 doctors are now in the process of being examined for the same and are in training with the college. They will be giving their first part exam in April 2008. Besides, two of our doctors are also in training with International Association of Orthodontics - learning on the treatment of



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malaligned teeth (braces).

Our care has always been based on evidence from the renowned institutions such as Cochrane Collaboration and the Royal College of Surgeons of England, our mother institution.

Infection Control

We have been giving utmost care in the field of infection control, making sure that there is no chance of any transmission of pathogenic micro-organisms while you visit us. We have been constantly running training courses for our staff and updating their knowledge and skill. We use considerable amount of disposables and all the non-disposable instruments and handpieces go through a process of decontamination through cleaning system such as ultrasonic bath followed by complete destruction of any form of life in an autoclave machine.

Other areas such as preparedness for the medical emergency, record keeping, safe use and justification of the use of radiography, continuous staff training, risk assessment and following the UK legislation on various aspect of care has been a part of a parcel in our care provided to you.

Other services

For your comfort, we have recently refurbished our reception area. We have a foot massage Reflexology available during the treatment. We have also put in place a wireless network for you to be able to access the internet on your laptop or mobile. Our website www.smilenepal.com has been recreated for your easy access. We are also in the process of getting in constant touch with you on a 3 monthly basis, through our newsletter "Smileweavers" with latest information on dentistry and as a reminder for your periodic care.

Future Plan

Plan is underway to open a branch at Lalitpur for your comfort. We are in the process of acquiring various technological advancements for your comfort and care. Our continuing education will as always be in its place in the years to come. We believe that learning never ends and in a specialty such as dentistry, there is a constant need for updating and upgrading to be able to provide the current best evidenced gold standard of care to you.

Our request

We do believe that the optimal level of our dental and oral health depends on the partnership between you and us on a personal basis. We perform your treatment to help you achieve that best state on a periodic basis and you take care of your mouth on a daily basis, working hand in hand to maintain it at its best. In the past, we have done our level best to provide you the best to our abilities at that point of time. As we understand, our teeth, as any other thing in life, undergo transformation and what we call a cyclic fatigue takes over. Our main aim is to delay that fatigue and prolong the life of the tooth, which is achievable by the partnership between you and us. On our part, we will continue to use the best materials and technique the world has to offer and on your part please brush twice daily with fluoridated toothpaste, rinse your mouth with water after every meal or snack, use the interdental aids to clean between your teeth and please visit us for your periodic professional care.

Please let us know how you feel by dropping a line or two at hs@smilenepal.com Your feedback and cooperation is vital to us.

Thanking you once again for all your help and goodwill and hoping for the same in the future days to come,

At your service, as always,

The Healthy Smiles Team

